



THE
**COMMUNITY UNITY
 MUSIC**

EDUCATION PROGRAM



CUMMIEP SUMMER 2022

16 DAYS OF CREATIVITY, KINDNESS & COMMUNITY

About CUMEP

CUMEP is a 19-year-old performing arts & human rights educational experience for youth scholars ages 2 - 17.

Housed at the historic Southside Community Center in Ithaca, New York, CUMEP offers low cost & **FREE** instruction in music, poetry, visual arts, literacy, math and human rights education, all guided by a Black Consciousness Curriculum.

A founder of CUMEP, Mr. Fe Nunn, regularly reminds us all of CUMEP's foundation: *positive self-esteem, academic and social skills, self-confidence, self-discipline, public performance skills, & civic responsibility.*

In the summer of 2003, CUMEP ran a glorious program with 16 youth.

Today, we serve over 150 youth!

No family is ever turned away from this 4 week (16 day) glorious experience of kindness, community, and creativity!

Camp Dates
7/5 - 7/28/2022



Camp Hours:
8am-12pm
Monday -Thursday

Welcome to CUMEP 2022 - So Excited To Be Back @ Southside!!

Who are we? Founded in 2002, the Community Unity Music Education Program (CUMEP) is a multicultural performing arts and human rights education program. Our goal is to provide your children with multicultural instruction in music and the arts, while building positive self-esteem, academic and social skills, self-confidence, self-discipline, and public performance skills.



Yay! We're back!! After two successful Summers of CUMEP in a different format due to COVID, we are thrilled to be back at our original home at Southside Community Center. Here are a few essential reminders:

- Send your child(ren) with a **labeled water bottle every day!**
- We are looking for healthy food to add to our lunch daily. **Please check with Ms. Shannon to donate food!**
- CUMEP is asking for a **suggested donation of \$200/child** (\$50/week) for each camper. We are also willing to trade. **Please talk to Shannon at the gate about paying or trading for your camper(s).**

Your Child's Day:



- **Drop-Off** is between **7:30 and 8:00** each morning. Program leaders will be here to interact with your children all over the Southside playground.

****Attendance is important! Please be ready for fun at 8:00 each morning!****

- **Breakfast and Nutritious Fresh Smoothies** will be served promptly at 8:00, before our whole camp morning gathering. Get here on time to have a healthy start to your camp day! Please let us know about any dietary restrictions your children may have or if you would like to share food.

- Following the morning meal, CUMEPers will participate in our traditional **"Jump On It" routine and daily whole camp morning meeting**. Family and friends are more than welcome to stay for this to watch or join in!

- After our busy start, younger campers (up to 6 years old) will rotate through **4 centers** led by specialists. Older campers will have 2 majors to go to, learning from experts about **theater, studio, modern band, strings lessons and more**. Group leaders will help children get to anywhere they need to be.
- All CUMEP campers will have **ample transition time and breaks** to enjoy their time at Southside and eat snacks if needed.
- **Lunch** will be provided and served at 11:30. Children are welcome to bring their own bag lunch.
- We will come **together as a whole camp at the end of our day** to acknowledge new friendships that have been made and celebrate accomplishments of the day.
- **Pick up is at 12:00 noon. Please let us know your child's after-camp plans and check in with a counselor at the entrance of our camp area during pick-up each day.**



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**FUNDRAISER FINALE FESTIVAL: Sat 7/30 on the Ithaca Commons**







\*\*\*\*DAILY SCHEDULE\*\*\*\* **SUMMER 2022**\*\*\*\*/

|             |                                    |                               |                               |             |                                                                                               |                                                                                                                                                                                                      |                                                                                               |
|-------------|------------------------------------|-------------------------------|-------------------------------|-------------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| 8:00-8:30   | Sign In, Break-fast, and Smoothies |                               |                               |             |                                                                                               |                                                                                                                                                                                                      |                                                                                               |
| 8:30-9:15   | CUMEP Welcome Routine              |                               |                               |             |                                                                                               | <ul style="list-style-type: none"> <li>➤ Playground- "Jump On It"</li> <li>➤ Warm-Up Dance Routine &amp; Stretch</li> <li>➤ Morning Meeting - Code of Conduct &amp; Sharing</li> </ul>               |                                                                                               |
| 9:15-9:30   | Transition/Play                    |                               |                               |             |                                                                                               |                                                                                                                                                                                                      |                                                                                               |
|             | Family Group #1                    | Family Group #2               | Family Group #3               |             | Family Group #4                                                                               | Family Group #5                                                                                                                                                                                      | Family Group #6                                                                               |
| 9:30-9:50   | Art                                | Dance                         | Music                         | 9:30-10:20  | Major 1<br>Studio, Modern Band,<br>Band Class, Strings Class,<br>JEMS, Art                    | Major 1<br>Studio, Modern Band,<br>Band Class, Strings<br>Class, JEMS, Art                                                                                                                           | Major 1<br>Studio, Modern Band,<br>Band Class, Strings<br>Class, JEMS, Art                    |
| 9:55-10:15  | Music                              | Art                           | Dance                         |             |                                                                                               |                                                                                                                                                                                                      |                                                                                               |
| 10:20-10:40 | Dance                              | Music                         | Art                           | 10:20-10:30 | Transition                                                                                    | Transition                                                                                                                                                                                           | Transition                                                                                    |
| 10:40-11:25 | Structured<br>Play/Read Aloud      | Structured<br>Play/Read Aloud | Structured<br>Play/Read Aloud | 10:30-11:25 | Major 2<br>Dance, Art, Drumming,<br>Modern Band, Studio,<br>String Class, Band Class,<br>JEMS | Major 2<br>Dance, Art, Drumming,<br>Modern Band, Studio,<br>String Class, Band Class,<br>JEMS                                                                                                        | Major 2<br>Dance, Art, Drumming,<br>Modern Band, Studio,<br>String Class, Band Class,<br>JEMS |
| 11:30-11:50 | Lunch & Goodbye Transition         |                               |                               |             |                                                                                               |                                                                                                                                                                                                      |                                                                                               |
| 11:50-12:00 | CUMEP Closing Circle               |                               |                               |             |                                                                                               | <ul style="list-style-type: none"> <li>➤ Collect T-Shirts</li> <li>➤ Share &amp; Celebrate the Day</li> <li>➤ Spotlight/Freestyle Goodbyes</li> <li>➤ All participants and staff sign out</li> </ul> |                                                                                               |

### CUMEP Code of Conduct

This is how we conduct ourselves as a CUMEP Family...

**I will respect myself & others**

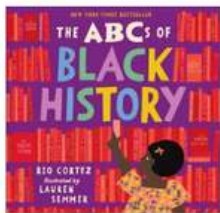
**I will express my feelings safely**

**I will respect property**

**I will always do my best & support everyone's learning**

### 2022 CUMEP CURRICULUM & BOOKS

At CUMEP, we love to use books to teach valuable life lessons about knowing who we are and honoring where we come from. This year, we will be focusing on these 4 books. We will use them to guide our art, dances, conversations and Black Joy. ~ Get these books from our local library to enjoy with your family this Summer!!!



"The ABC's of Black History"  
by Rio  
Cortez

"The 1619 Project: Born On The Water"  
by Nikole Hannah-Jones  
& Renee Watson

"Sulwe"  
by Lupita  
Nyong'o

"Dream Street"  
by Tricia E. Walker  
& Ekuia Holmes

### Shirts & Safety

Campers have been assigned a CUMEP t-shirt to wear each morning. Wearing the CUMEP t-shirts helps us to establish and maintain a strong sense of community & safety. The t-shirts are collected and washed after camp each day. At the end of camp, participants will be able to keep their shirts.

**Green Shirts** - Our group leaders are responsible for the safety and welfare of all campers, and provide a majority of the instruction.

**Red Shirts** - Our teen volunteers help set up the Southside Community Center each day and help green shirts lead campers through their day.

**Yellow Shirts** - Our oldest campers have the special responsibility of being excellent role models for other campers, and helping with things whenever they are asked to.



# Day 1







*This Fist Represents Our **Unity**  
& Commitment To Be **Amazing**  
To Ourselves & **One-Another***





# Day 2



IF YOU WANNA HAVE A GREAT DAY,  
YOU'VE GOT TO CREATE ONE!



# SO DON'T LEAVE THE HOUSE WITHOUT YOUR CROWN!





# Day 3



I LOVE MYSELF AND  
I LOVE YOUUUU!









Week 1  
7/5-7/7/2022



CAMP HOURS:  
Monday-Thursday  
8:00 - Noon  
NO CAMP FRIDAYS

## ~ A Short Week, But Already So Much Fun! ~



The first week of CUMEP 2022 may have been a quick one, but campers are already feeling comfortable in their groups and discovering their favorite parts of the morning. After a filling breakfast first thing at 8:00, your kids join in our classic morning routine, meet as a whole camp for an important Black Consciousness lesson and then go to either small group classes or their majors, depending on age.

### ~ Week #1 Book ~

Many of our conversations & lessons during the first week of camp related to the book **“Dream Street”** by Tricia Elam Walker and Ekoa Holmes. Your kids should remember these important quotes from the book:

**“If you want to have a great day...create one.”**

**“Don’t leave the house without your crown.”**

These quotes helped us talk about building self-esteem & being proud of who we are.



### ~ CUMEP Royalty ~

In art class, each camper made their own “Crown of Smarts” to always have when leaving their home. They decorated it with words and stickers that represent how they are smart. There is no one way to be smart, and your children loved sharing what makes them special and unique.

**Ask your CUMEPer:**  
**What did you put on your crown?**  
**Why is that important to you?**  
**How are you smart?**

**CUMEP FUNDRAISER FESTIVAL ~ SATURDAY, JULY 30TH, 11am - 2pm ~ ITHACA COMMONS**



## ~ Ways You can Help Us ~

Don't forget to speak with Shannon at the gate about giving back to CUMEP! We're happy to trade for your child's spot in camp. Here are some ideas:



- Volunteer to wash shirts, just once or on a weekly basis
- Help transport campers to and from camp
- Donate food to supplement our lunches



## ~ COVID Information ~

Unfortunately, COVID is still a reality in our world. Please keep an eye on your camper(s)' health. If they have symptoms, use a rapid COVID test. A positive result means they should stay home for 5 days with no more positives. Please let us know if you need test kits or if your child(ren) tests positive.

## ~ We're on Social Media! ~

 [facebook.com/cumepithaca](https://facebook.com/cumepithaca)  On Instagram @cumepithaca

A great way to keep up with what's happening at camp & see how much fun your kids are having! Follow us online!

We take privacy & safety seriously at CUMEP. No child's name will ever be posted with their picture online. Please let us know if you do not want your child's picture online.

~~~~~  
Your child is a double major! At CUMEP, we believe education is critical to a child's success. We like to get our campers ready for college by letting them pick an area they can "major" in and focus on all summer. This year, we are offering **double majors** with 2 45-minute blocks for extended exploration.

****Campers in groups 1, 2 & 3 do not choose majors. They have structured play during this time.****

Majors include:

- **Dance** - Our dance teacher Mr. G-Quan helps CUMEPers learn the language of dance & choreograph pieces that inspire and teach powerful messages. You can see their work at our **Final FUNdraiser Festival, Saturday July 30th, 11-2 on the Ithaca Commons.**
- **Art** - Campers who pick art are working with Ms. Maryam Adib to create the signs and artwork used for our final show. Look for the art majors' work as decorations during our final festival.
- **Modern Band** - Modern Band "majors" learn to play drums, keyboard, guitar, and electric bass from Ms. Charlotte. Together, these students will learn songs to perform at the show.
- **Studio** - If your child(ren) picked Studio, they spend time with Mr. Ramsey and Mr. Lushima to create original songs & beats on computers. These will be featured as transition music between sets at our festival.
- **Band** - CUMEPers in our Band major practice the trumpet, saxophone and other brass instruments with Ms. Laurie Hall. Get ready for some lively brass tunes!
- **Strings** - Strings "majors" work with Ms. Anjolie to learn to play the violin. These CUMEPers will also show off their bowing talents at our festival.

Ask your child what majors they are in or what they do during "Structured Play" time!



Day 4





FIRST THINGS FIRST - SAFETY!



Day 5



*I've Got Black Joy,
From My Head to My Toes*



BLACK LIVES MATTER



*Walk Around With Pride,
Just So Everybody Knows*





Day 6



IT'S ABOUT HOW YOU SEE YOU,
NOT HOW OTHERS DO!



Day 7



THANKS MR. LUIS FOR
TEACHING US ABOUT THE
GREEN NEW DEAL!



PRESS CONFERENCE DAY!



Week 2
7/11-7/14/22



CAMP HOURS:
Monday-Thursday
8:00 - Noon
NO CAMP FRIDAYS

~ Beautiful Friendships and Lots of Smiles ~



Week two of CUMEP definitely had a feeling of family and community. Campers are feeling more at home in their groups & majors and lessons for all campers are hitting their stride. We welcomed new campers who fit beautifully into our CUMEP family and had fun celebrating new friendships with our classic "Ohh Snap!"

In **majors**, amazing creations are taking shape.

The **studio** is thumping with quality beats; **modern band** is quickly perfecting popular songs on guitar, bass, keys & drums; the **art** loft is creating wonderful and powerful pieces; **band** students are excited to be putting together notes on their new horns; the **strings** majors are working together to play beautiful songs for our festival and finally, **drum** students work to back up our morning routine with a solid beat.

Ask your Child about their CUMEP majors! What do they like best about CUMEP?

~ Week 2 Book Nook ~

Our focus book for week 2 was "The 1619 Project: Born On The Water" by Nikole Hannah-Jones and Renee Watson. This book explores the difficulty many Black families have in tracing their roots, given that many Black ancestors were stolen from their homelands.

Our guiding quote from the book: "I am not ashamed, I know what my story is, Where I'm from, where I begin!" Even if you can't trace your family's history, be proud of who you are today and all the light you bring to this world!



~ Special Guests & Performers ~

This week we got to see the talents of some of our own teachers. Ms. Anjolie gave a violin performance & Mr. Nick sang "Somewhere Over The Rainbow" in his beautiful opera voice. We also met Mr. Luis Aguirre-Torres, Ithaca's Director of Sustainability, who taught us about the Green New Deal.

Don't Forget Our FUNdraiser Festival! ~ Saturday, July 30th on the Ithaca Commons, 11-2pm

Meet the CUMEP Leaders & Teachers!



Dr. Nia Nunn
Director



Ms. Shannon Frier
Ops. Manager



Ms. Daraisi Marte
Asst. Ops. Manager/
Southside Camp Director



Mr. Jon Keefner
CUMEP Leader



Mr. Jacob Yale
CUMEP Leader



Mama Fern Morgan
Southside Receptionist



Ms. Sharon
Food Manager



Ms. Annemarie Zwack
Art Teacher



Ms. Cypress Rite
Art Teacher



Ms. Maryam Adib
Art Teacher



Mr. G-Quan Booker
Dance Teacher



Mr. Ramsey
Studio Teacher



Mr. Lushima
Studio Teacher



Mr. Nick & Ms. Anjolie
Strings Teachers



Ms. Laurie & Ms. Charlotte
Band Teachers



Ms. Gillian
Modern Band Teacher



Papi - Crossing Guard &
Greeter Extraordinaire

Speak with Shannon at the gate during drop-off or pick-up about paying for your camper or ways you can help! We need you!!

Day



8

CAN'T
NO
RAIN!





R IS FOR RISE, REFUSING TO STOP. RELNTESSLY STRIVING, REACH TO THE TOP!



THANK YOU BLACK HANDS UNIVERSAL FOR ALL THE FRESH & DELICIOUS SMOOTHIES EVERY MORNING!



Day 9



Day 10





RED, ORANGE, YELLOW, GREEN,
BLUE & PURPLE



Harriet Tubman didn't take no stuff,
wasn't scared of nothin' neither!

Day



***Thank You
Vanessa
Garrison, Co-
Founder & COO of
GirlTrek, for
visiting us! It was
a pleasure
showing you
what we do each
day, as well as
learning about
your work!***



11

Didn't come in this world to be nobody's slave
- and wasn't gonna stay one either!



Week 3
7/18-7/21/2022



CAMP HOURS:
Monday-Thursday
8:00 - Noon
NO CAMP ON FRIDAYS

~~~ Rainy Days Lead To Rainbows! ~~~



**Week 3** started off with a very rainy Monday. This meant we had to shift some classes and do things in a slightly different way to all stay dry. Your kids did amazing with the changes and we had a great day despite the weather! This week also included powerful **LGBTQ+** conversations and a visit from the Harriet Tubman Freedom Ride bicyclists who told us all about their important ride!

In addition to the Harriet Tubman Freedom Riders, we also were excited to welcome Ms. Vanessa Garrison to CUMEP! Ms. Garrison is the co-founder of the national organization **GirlTrek**, which aims to encourage everyone, but particularly girls and women of color, in "Walking towards healing and liberation". They use the history of walking for justice to start women on paths to healthy lives. Thanks for visiting us Vanessa!



What does your CUMEPer remember from the 3rd week of camp? Ask them what Ms. Cypress taught us about LGBTQ+ rights. What do they remember about being inside all day when it rained or about what Mr. Glen told us about his Freedom Ride?

**Sponsor A Scholar Today**

It takes a village to make CUMEP happen and we want to ensure the camp can continue for years to come. Please consider giving generously to our "Sponsor a Scholar" campaign. Also, please spread the word and invite others to donate through word-of-mouth, emails and sharing it from our page on Facebook! Thanks!

<https://www.gofundme.com/cumepscholar>

facebook.com/cumepithaca

On Instagram @cumepithaca

**Our Show is a Community Effort!**

We're so excited to share our CUMEP curriculum with the community on **July 30th at 11am!**

Join us for our new **FUNdfestival** on the **Ithaca Commons**. In addition to CUMEP performances, enjoy face-painting, art-activities, Black vendors selling their own creations & much more!

**YOU CAN HELP!!** Speak with Shannon at the gate about ways you can contribute to this event!



**SAVE THE DATE! CUMEP FUNdfestival: July 30th, 11am on Commons**





We played lots of fun games at camp this week including "What Time Is It Dr. Fox?" and a puzzle game to see if we could line up in a rainbow without talking to anyone! The picture above shows our final rainbow. How do you think we did?

~ Week 3 Book Nook ~



For the third week of CUMEP, our focus book was "Sulwe" by Lupita Nyong'o. It is a book about learning to love your skin color, no matter what shade it is.

Our guiding quotes were "Real Beauty Comes From Your Mind & Your Heart" and "It's about how YOU see YOU, not how others do!"

These quotes empower all of us to ignore the "Anti-Blackness" messages we see in popular media, and know that each of us are amazingly special in our own ways. We can't let other people decide who we are inside.

~ More CUMEP Leaders ~



Mr. Fe Nunn  
Founder



Mr. Ken  
Building Maintenance



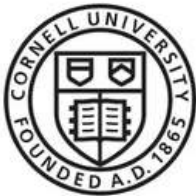
Ms. Chavon Bunch  
Southside Director



Dr. Baruch Whitehead  
Co-Founder & Drums

Thank You To Our Amazing Sponsors!

Support these businesses and many more, and thank them for supporting CUMEP!



Ask for "The Dr. Nia Special" 7/29-7/31!









# Day 12





# Day 13







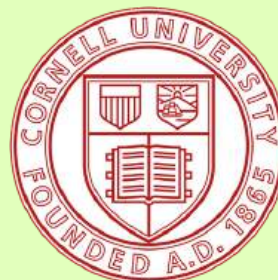
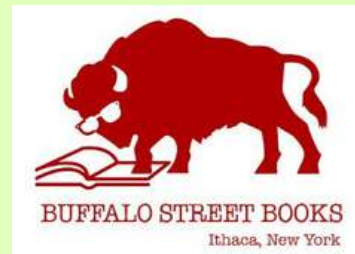


# FACES OF CUMEP





TO OUR SPONSORS,  
*Thank You!*



This 2022 Look-Back Was Designed & Created by Jacob Yale



# CUMEP FUNDRAISING FESTIVAL AT THE BLACK HANDS UNIVERSAL MARKET

**19TH  
ANNUAL**



**DANCE, DRUMMING, FACEPAINTING,  
FOOD, ART, BLACK CONCIOSNESS & MORE**

**Saturday July 30th, 2022**

**11am - 2pm on the Ithaca Commons**

Sponsored By:

